

Gymnast Code of Conduct

As a gymnast of Balwyn Gymnastics Club, I will:

Respect

- Respect my fellow gymnasts and all coaches
- Respect the gymnastics space and equipment

Encourage

- Encourage all of my fellow gymnasts to do their best

Sportsmanship

- Practice good sportsmanship
- Not use disrespectful language or bully others

Persistence

- Always try to listen to and apply my coach's feedback
- Never give up, even if it's a tough skill!

Everyone

- Ensure no one feels left out

Communicate

- Ask my coach for help when I am hurt or need assistance

Team

- Always be willing to help my fellow gymnasts