

# BOROONDARA SPORTS COMPLEX

## Going to Gymnastics

at the Boroondara Sports Complex

*Social Story*

**My class is called:**

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# **BOROONDARA SPORTS COMPLEX**

**Today I am going to my gymnastics  
class at the Boroondara Sports  
Complex.**



**An adult, my parent or carer, will  
come with me and help me when I  
need it.**



# **BOROONDARA SPORTS COMPLEX**

**I am going to wear comfortable  
clothing**



**and take a water bottle with me.**





# BOROONDARA SPORTS COMPLEX

**When I go inside, I can say hello to the staff at the desk and they will let me in.**



**I can use the lift or the stairs to get to my gymnastics class.**



# BOROONDARA SPORTS COMPLEX

**I will take off my shoes and socks  
and put them on the shoe rack.**



**When it's time for the class to start,  
a coach will call me in to the gym.**



# **BOROONDARA SPORTS COMPLEX**

**It's time to join in the warm up game  
and stretches! I will need to stay on  
the blue floor.**



**When my coach calls me over, I will  
put my drink bottle in the bucket.**





# **BOROONDARA SPORTS COMPLEX**

**Now I will sit and watch my coach  
show me the activities.**



**Then it's my turn to try!  
I will probably try different ones  
each class.**

# **BOROONDARA SPORTS COMPLEX**

**I might need to be patient and wait  
my turn because only ONE person  
is allowed on each activity.**



**If I get thirsty, I can have a drink  
from the drink tap or my water  
bottle.**





# BOROONDARA SPORTS COMPLEX

**I will ask my coach first if I need to  
use the toilet.**

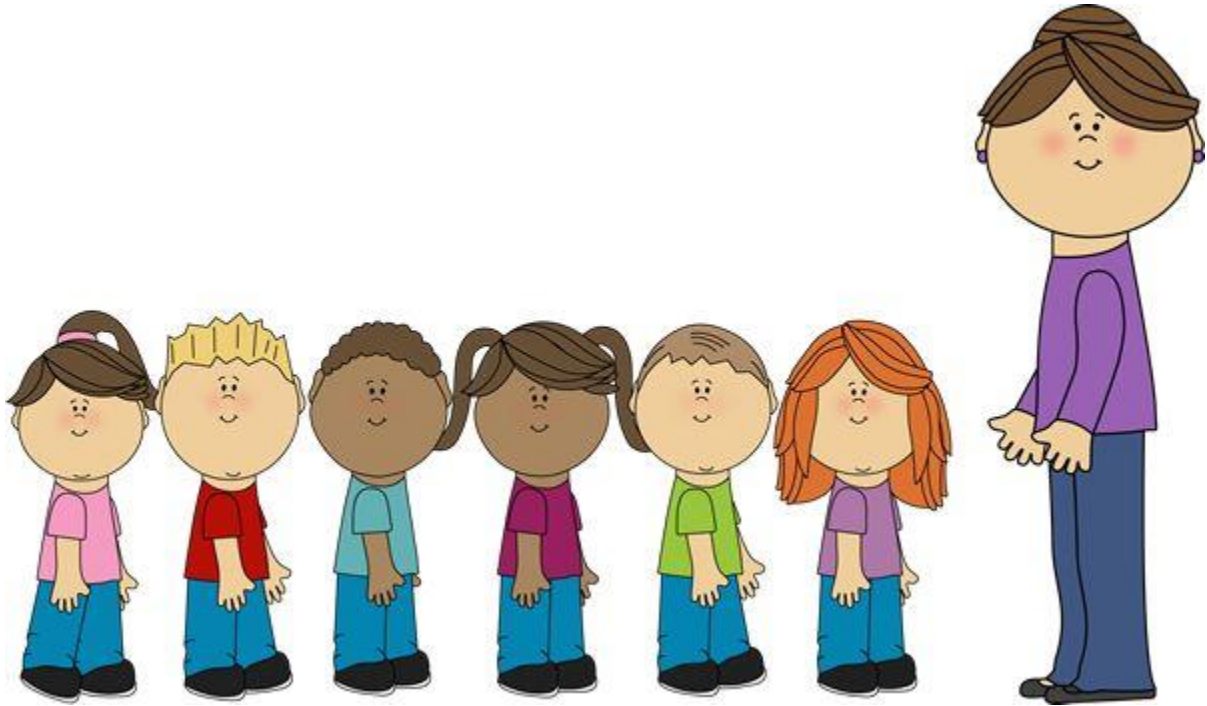


**I will tell my coach if I feel worried,  
hurt or unwell.**



# **BOROONDARA SPORTS COMPLEX**

**At the end of class, I will line up on  
the floor in front of my coach.**



**My coach will say goodbye and give  
me a high five!**



# **BOROONDARA SPORTS COMPLEX**

**I will go home with my adult and  
look forward to gymnastics next  
time!**

