

Boroondara Christmas and New Year Timetable 2021/2022

DATE	CENTRE OPENING HOURS	CLASSES
Monday 20 th	5:30am – 10pm	6:15am Cycle – Caroline 8:30am Pilates – Carole 9:30am Challenge – Matt 10:30am Cycle – David 6:00pm Body Pump – KL 6:30pm Cycle - Emily
Tuesday 21 st	5:30am – 10pm	8:00am Aqua Aerobics - Rosie 9:30am Body Pump – Shirley 9:30am Aqua Aerobics – Susan 9:30am Cycle - Megan 6:30pm Challenge – Matt 7:00pm Pilates - Yanmei
Wednesday 22 nd	5:30am – 10pm	6:15am Cycle – Caroline 8:00am DWR – Janine 9:15am Circuit – Georgia 10:30am Pilates – Carole 6:30pm Cycle – David 7:00pm Yoga - Janet
Thursday 23 rd	5:30am – 10pm	7:00am Iyengar Yoga – Angela 9:30am Body Pump – Shirley 9:30am Aqua Aerobics – Susan 10:15am QiGong Tai Chi - Suzette
Friday 24 th	5:30am – 4pm	9:15am Freestyle Step – Georgia 9:30am Pilates – Karen 10:30am Gentle Yoga - Debby
Saturday 25 th	Closed	Merry Christmas Everyone
Sunday 26 th	8am – 8pm	9:30am Circuit - Georgia
Monday 27 th	8am – 8pm	8:15am Cycle - Caroline 9:30am Pilates – Carole 9:30am Challenge - Matt
Tuesday 28 th	8am – 8pm	9:15am Circuit – Liz 9:30am Body Pump – Georgia 6:30pm Challenge – Matt
Wednesday 29 th	5:30am – 10pm	6:15am Cycle – Caroline 10:30am Pilates - Carole
Thursday 30 th	5:30am – 10pm	9:30am Body Pump – Georgia 9:30am Aqua Aerobics – Susan 10:30am Cycle – David 6:30pm Challenge - Matt
Friday 31 st	5:30am – 4pm	9:30am Challenge – Caitlin 10:15am Active Adults - Georgia
Saturday 1 st Jan 2022	12pm – 8pm	2:00pm Yoga - Debby
Sunday 2 nd	8am – 8pm	9:30am Circuit - Georgia

Monday 3 rd	8am – 8pm	9:30am Pilates – Carol 9:30am Challenge – Matt 10:30am Yoga – Cheryl 7:00pm Hatha Yoga – Janet 7:00pm DWR - Robyn
Tuesday 4 th	5:30am – 10pm	9:30am Body Pump – Shirley 9:30am Aqua Aerobics – Susan 9:30am Cycle - Megan 10:30am Body Balance – Carole 6:30pm Challenge – Matt 7:00pm Pilates - Yanmei
Wednesday 5 th	5:30am – 10pm	6:00am Squad – Heather 6:15am Cycle - Caroline 8:00am DWR – Janine 9:15am Circuit – Georgia 9:30am Challenge – Matt 10:30am Pilates – Carole 7:00pm Hatha Yoga - Janet
Thursday 6 th	5:30am – 10pm	7:00am Iyengar Yoga - Angela 9:30am Body Pump – Shirley 9:30am Aqua Aerobics – Susan 9:30am Cycle – David 10:15am QiGong TaiChi 5:30pm Vinyasa Yoga – Debby 6:30pm Challenge – Matt 6:30pm Zumba – Claudia
Friday 7 th	5:30am – 10pm	6:00am Squad – Heather 8:00am DWR – Janine 9:15am Freestyle Step – Georgia 9:30am Challenge – Caitlin 10:00am Pilates – Karen 10:15am Active Adults – Georgia 11:30am Super Seniors – Georgia
Saturday 8 th	5:30am – 10pm	8:45am Core Circuit – Georgia 9:00am DWR - Robyn 9:45am Fitball – Georgia
Sunday 9 th	8am – 8pm	9:00am Pilates - Yanmei
Monday 10 th	5:30am – 10pm	6:15am Cycle - Caroline 9:30am Pilates – Carol 9:30am Challenge – Matt 10:30am Yoga – Cheryl 7:00pm Iyengar Yoga - Anita 7:00pm DWR - Robyn
Tuesday 11 th	5:30am – 10pm	9:30am Body Pump – Shirley 9:30am Aqua Aerobics – Susan 9:30am Cycle - Megan 10:30am Body Balance – Carole 6:30pm Challenge – Matt 7:00pm Pilates - Yanmei

Wednesday 12 th	5:30am – 10pm	6:00am Squad – Heather 6:15am Cycle - Caroline 8:00am DWR – Janine 9:15am Circuit – Georgia 9:30am Challenge – Matt 10:30am Pilates – Carole 7:00pm Hatha Yoga - Janet
Thursday 13 th	5:30am – 10pm	7:00am Iyengar Yoga - Angela 9:30am Body Pump – Shirley 9:30am Aqua Aerobics – Susan 9:30am Cycle – David 10:15am QiGong TaiChi 5:30pm Vinyasa Yoga – Debby 6:30pm Challenge – Matt 6:30pm Zumba – Claudia
Friday 14 th	5:30am – 10pm	6:00am Squad – Heather 8:00am DWR – Janine 9:15am Freestyle Step – Georgia 9:30am Challenge – Caitlin 10:00am Pilates – Karen 10:15am Active Adults – Georgia 11:30am Super Seniors – Georgia
Saturday 15 th	8am – 8pm	8:45am Core Circuit – Georgia 9:30am DWR - Robyn 9:45am Fitball – Georgia
Sunday 16 th	8am – 8pm	9:00am Pilates - Yanmei